

## Timeline & Topics

### Step 1: Called & Gifted Workshop

This workshop covers the following topics and includes undertaking the Spiritual Gifts Inventory.

- » The Mission of the Laity
- » Definition & Types of Charisms
- » Steps for Discerning a Charism
- » Your Charisms, Your Life and Your Mission
- » Lay Leadership in the Church

### Step 2: Personal Interview

(approx 1 hour) A mutually agreed time within a fortnight of the workshop with a trained interviewer.

### Step 3: Discernment in Small Groups

5 sessions of approx. 2 hours held fortnightly

The small group allows participants time to reflect, explore and experiment with their charisms and gain insights as they share their journey of discovery. There is also further input on the following topics:

- Session 1:** Review of Charisms and Discernment
- Session 2:** Releasing Control, Prayer for Healing
- Session 3:** The Lay Office, The Ordained Office  
Collaboration and Interdependence
- Session 4:** Gift Mix
- Session 5:** Discerning your Vocation

### Step 4: Ongoing Discernment & Support

Meetings will be held at 6 monthly intervals for participants to reflect on their journey of discernment and share their story.

## What people are saying about the Called & Gifted Process

*Called & Gifted has been a chance for me to discern and better understand my own charisms within a nurturing group. ... A chance for me to hear and answer God's call and to use my charisms to do God's work in the world today.*  
Lorraine, a teacher from Brisbane

*It was like going to the optician, it all became clearer about how my gifts assisted others and brought fulfilment to myself. I feel much more at home with these gifts - it has helped me to grow in love with God and the community.*  
Fr John from Canberra-Goulburn

*I am now alert to the many different charisms at work in people's lives, evidence of the creativity and action of the Holy Spirit, who like an enthusiastic conductor is beckoning each of us to play our particular instruments to create a wonderful symphony of God's love and mercy.*  
Mike, a Mission Development Officer from Brisbane

### Register Now

**Book your place directly online at:**

**[www.bne.catholic.net.au/calledgifted](http://www.bne.catholic.net.au/calledgifted)**

**or by email:** [em.fl@bne.catholic.net.au](mailto:em.fl@bne.catholic.net.au)

**or by phone:** (07) 3336 9174

**or by post:** Called & Gifted Process  
GPO Box 282 Brisbane Qld 4001

For further information about the Called & Gifted Process contact:

**Mike Humphrys**  
**Everyday Mission Team,**  
**Faith & Life Vicariate**  
**GPO Box 282 Brisbane Qld 4001**

Phone: 07 - 3336 9174 Fax: 07 - 3336 9177

For further information about the Called & Gifted Process  
visit our website at:

**[www.bne.catholic.net.au/calledgifted](http://www.bne.catholic.net.au/calledgifted)**



**CATHERINE OF SIENA INSTITUTE**

Equipping parishes to form lay apostles

*Discovering  
God's Call  
for Your Life*

### CALLED & GIFTED PROCESS

begins with a 2 day workshop followed by  
a personal interview and then an extended  
discernment process in small groups



A project of the Everyday Mission Team  
Faith & Life Vicariate  
Catholic Archdiocese of Brisbane



## My Unique Life's Purpose

God is calling you to a unique purpose.

Every Christian, through Baptism receives special gifts from the Holy Spirit called charisms. We do not know how many charisms there are, but a few of those found in the Scriptures include: hospitality, leadership, knowledge, service, encouragement, teaching, writing, music, mercy and administration.

Discerning your charisms can be a major clue in discovering God's plan for your life and your role in God's plan for humanity.

Knowing your charisms can help you make better decisions, simplify your life, excel at work, free yourself from envy and better appreciate your family's gifts.

Our charisms are the channels God uses to enter the world. When we develop our charisms we become more effective instruments of God's love.



## The Called & Gifted Process

The Called & Gifted Process is a tool for helping Catholics discern their charisms. It is a four step process assisting people to reflect on their life experiences and identify patterns which may indicate a charism. The process encourages participants to identify and develop their spiritual gifts.

The FOUR STEPS are:

### 1. Called & Gifted Workshop

Two Saturdays from 9am - 4pm

### 2. Interview

 to assist you identify your charism

40-60mins held within a fortnight of the workshop

### 3. Discernment in Small Groups

Five sessions held weekly or fortnightly where you experiment with your charisms.

### 4. Ongoing Discernment and Support

Meetings will be held at six month intervals for ongoing support and discernment of charisms

## In This Process

### You will learn

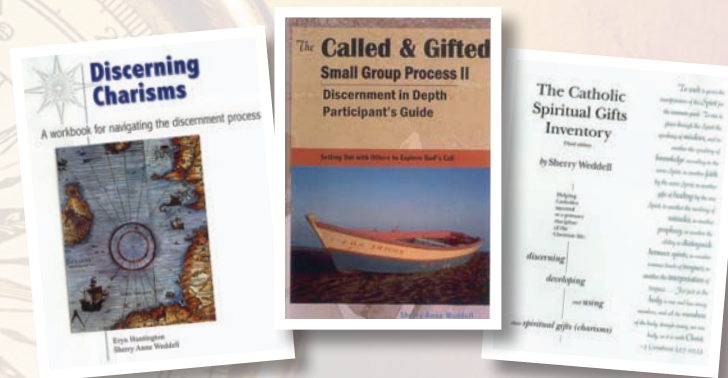
- » Church teaching on the laity and what it means to be an apostle on mission
- » The steps for discerning the charisms (spiritual gifts) God has given you for your work in the world
- » The signs and characteristics of the 24 most common charisms (spiritual gifts)
- » How discerning your call can change your life, change the world and spread the Gospel

### You will receive

- » *The Catholic Spiritual Gifts Inventory* that includes descriptions of 24 charisms (spiritual gifts)
- » *Discerning Charisms Workbook* that provides insight into the ongoing discernment journey
- » *Discernment in Depth - Small Group Process II Participant's Guide* for use in the small group.
- » One on one Interview with a trained discernment interviewer to help you on the journey of discovering the charisms (spiritual gifts) God has given you

## Cost for Participants

Cost is \$100 per participant which covers the workshop, interview and small group processes as well as personal copies of the 3 essential texts (pictured below)



## Frequently Asked Questions

### How will I benefit from this process?

You'll learn how to differentiate between the spiritual gifts God has given you at your Baptism and the talents you have developed over your lifetime.

You'll discover through exercising your charisms, that you experience joy while making a profound impact on the world.

You'll take an inventory designed to help you reflect on your life experiences in the light of these spiritual gifts.

You'll learn the tools of discernment that will help you to identify and confirm the specific charisms you have.

### Who is the Primary Audience for the Process?

The process is primarily designed for adults committed to Christ who seek to become more effective in living out their baptismal mission. Adults in their 20s and 30s will find this workshop provides great tools for making important life decisions. Older adults are able to see their life experience in a new light, clarifying how God is working through them. People of all ages have found it a powerful way to understand God at work in their lives.

### Is this mainly about finding Parish Volunteers?

No, because as lay people, the primary place we use our spiritual gifts is in the world. Through this process you'll learn a new language for describing how God is working through you and new ideas for how you can become a more effective channel of God's love. It is hoped you will come to see your parish as a place that builds you up and supports you in your mission in the world.

**“Charisms or spiritual gifts are special abilities given to Christians by the Holy Spirit to enable them to be powerful channels of God's love and redeeming presence in the world”**

Catechism of the Catholic Church #798-801,2003